

# LESSON PLAN GUIDE

PictureBook English Reading Series

[picturebookenglish.com](http://picturebookenglish.com)

<b>Category</b>	Vocabulary	<b>Title</b>	B19 – International Restaurant
<b>Ages</b>	4–8	<b>Theme</b>	Countries, Nationalities, and Cultural Vocabulary

## INTRODUCTION OF THE BOOK

In this book, children embark on a global adventure to discover 16 nations from around the world. Through vibrant illustrations of world maps and local foods, children learn country names, proper adjectives for nationalities, and how to say 'Hello' in different languages.

Interactive flag-drawing activities bring geography and culture to life in a hands-on way. This book opens young learners' eyes to the wonderful diversity of the world while building rich, meaningful vocabulary in English.

## LEARNING OBJECTIVES

*Children will be able to:*

- Name 16 countries in English
- Use proper adjectives for nationalities — for example, Japan → Japanese, France → French
- Say 'Hello' in the local language of each country featured
- Connect countries to their famous foods and locations on a world map
- Draw and describe national flags using colour and shape vocabulary

## LEARNING ACTIVITIES

### 1. Take a virtual trip around the world

Before reading, ask your child if they know the names of any other countries, or if they have ever travelled somewhere special. Point to a map or globe and ask: 'Where do we live, and where would you like to visit?' This sparks curiosity and helps children prepare for the global adventure in the book.

### 2. Say Hello in different languages

As you go through each page, try saying 'Hello' together in the local language provided. This is a wonderful way for children to experience different phonetic sounds and develop an appreciation for diverse cultures and ways of communicating. Celebrate every attempt — trying a new language is always an achievement!

### 3. Connect food to countries and maps

Talk about the famous foods illustrated for each country. Ask your child: 'Have we ever tried this food?' or 'Does this look delicious?' Connecting a country's location on the map to its flavours makes geography feel vivid and personal, and helps children remember country names far more easily.

#### 4. Get creative with flag drawing

Encourage your child to take their time with the flag-drawing activities. Use this as an opportunity to discuss colours and shapes from previous books — what shapes can they spot in each flag? Drawing something by hand helps children feel a genuine connection to what they have learned about each country's identity.

#### FOLLOW-UP ACTIVITIES

Ask your child to pick their favourite country from the book and share three things they remember about it — its name, its nationality adjective, how to say 'Hello' in its language, and one food from that country. Then look it up together on a real map or globe and find out one more interesting fact. This deepens curiosity and reinforces the vocabulary naturally.

Try the fun online learning activities for this book on our website!

[Click here to try the online learning activities](#)

#### TEACHER'S NOTES & TIPS

Proper adjectives for nationalities — Japanese, French, Italian, and so on — are a rich and useful vocabulary set that children encounter constantly in real life. Connecting each nationality adjective to a food is a particularly effective memory anchor: 'French' is much easier to remember when paired with a French baguette or croissant. For multilingual families or classrooms, this book is also a wonderful opportunity to celebrate the languages children already speak at home.